

To the Families of Cristo Rey High School,

Thank you for giving us the opportunity to discuss the Covid vaccine with you. We understand your concerns, anxiety, and fears regarding the vaccine and the coronavirus. It is important to continue to have conversations so that we both can understand more the issues and needs we all have with regards to this disease. Unfortunately, we did not get an opportunity to provide answers to many of the questions that were raised.

Below is additional information that is based in fact that may help you make a better decision on how to proceed with the Covid vaccine.

FACT:

The Delta variant of the COVID-19 virus is more contagious than the original COVID-19 virus. It is 2 times more contagious; similar to how contagious Chicken Pox is.

FACT:

The majority (90%) of individuals who are in the hospital because of a COVID-19 infection are unvaccinated. Teens are being hospitalized with COVID-19 also, and 1/3 of them require ICU level care.

FACT:

The vaccine prevents individuals from having serious infection and requiring hospitalization.

FACT:

The risk of severe serious disease and long-term complications from a Covid infection is higher for individuals who are unvaccinated compared to individuals that are vaccinated.

FACT:

Vaccinated individuals with a Covid infection spread the virus for a shorter period of time than those individuals not vaccinated.

We encourage you to use this information and discuss this with your family, friends, physicians, and religious leaders. For many individuals you would like to wait and see what happens with the vaccine and the virus. Currently there is a huge amount of trusted information available to help your decision process. Use this opportunity to get answers to the questions you have about the vaccine so that a decision can be made to vaccinate yourselves and your family. [Getting vaccinated will protect you and your family.](#)

Thank you for your attention. Please do not hesitate with any questions you may have.

Sincerely,

Robert Bonner Jr MD
Joy Friedman MD

You may also wish to hear these great explanations to many questions regarding Covid:

This Is A Serious Matter! Vaccines and Variants Town Hall 8/24/21

Panelists: Dr. Glenda Glover, Dr. Patrice Harris, Dr. Ala Stanford, Dr. Sharrelle Barber, Dr. Robyn Jones

<https://www.youtube.com/watch?v=gDFKdJQrqmA>

COVID-19 Q&A with Dr. Kizzmekia Corbett 1/27/21

https://www.youtube.com/watch?v=_QpJ1Ft7zXc

Influencers to follow:

Dr. Marina Del Rios Rivera MD @DraCoquiMD

Dr. Devi Sridhar @devisridhar

Dr. Uche Blackstock @uche_blackstock

Dr. Austin Chiang @AustinChiangMD (also instagram and TikTok)

Dr. Ala Stanford @alastanford

Dr. Kizzmekia Corbett @KizzyPhD